

*****This will be your ONLY notification of testing for Agility and Written*****

*****Please keep this page of the packet for your records*****

TOWN OF STRATFORD POLICE OFFICER

The Town of Stratford is presently recruiting for entry level Police Officers. In order to participate in this process, you must comply with the following requirements:

GENERAL

- High School diploma or GED
- 21 years old by November 17, 2007
- Valid motor vehicle license
- U.S. Citizen

PHYSICAL ABILITY ASSESSMENT (Agility)

All candidates are required to complete the physical ability assessment (agility) exam. The agility is conducted by Complete Health & Injury Prevention. (C.H.I.P.). The physical abilities test is scheduled for October 20th (Location to be announced on www.chip-inc.com available by clicking on "The Test" and then the "Physical Ability Assessment Schedule" of the site and also on November 10th, 2007 at **Bunnell High School, 1 Bulldog Blvd, Stratford, CT**. Only candidates receiving a passing score will be eligible to take the written exam. Stratford requires the 40th percentile.

If you are C.H.I.P. certified, only C.H.I.P. cards valid through November 17, 2007 will be accepted. A copy of your C.H.I.P. card must accompany your application.

If you are not C.H.I.P. certified, you must participate in the agility examination. Candidates must register with C.H.I.P. The necessary C.H.I.P. registration forms are included with this application packet. All questions regarding the C.H.I.P. test should be directed to C.H.I.P. at (203) 235-5865 or access their website at www.chip-inc.com.

APPLICATION

A completed Town of Stratford application and a \$40 non-refundable application fee must be received no later than 4:30 p.m. on **Friday, November 2, 2007**. Payment must be made by check payable to the "Town of Stratford". Applications can be brought in person or mailed to:

Town of Stratford, Human Resources Department, 2725 Main St., Stratford, CT 06615

WRITTEN EXAM

The written exam will be held on **Saturday, November 17, 2007 and will be held at Stratford High School Cafeteria 45 N. Parade Street, Stratford, CT.**

*If your last name begins with the letter **A thru L**, report at **8:00 a.m.***

*If your last name begins with the letter **M thru Z**, report at **10:30 a.m.***

Candidates must present a Photo I.D. along with their valid C.H.I.P. card

This will be your ONLY notification of testing for Agility and Written.

**TOWN OF STRATFORD
APPLICATION FOR EMPLOYMENT
POLICE OFFICER**

Instructions: Please Read Carefully

Mail completed application to: Town of Stratford, Human Resources Department
2725 Main Street, Stratford, CT 06615

Applications must be received by Friday, November 2, 2007 and must be accompanied by a \$40 non-refundable check made payable to the "Town of Stratford", and a copy of your valid C.H.I.P. certification card.

If you are not C.H.I.P. certified, you can obtain information about the physical ability test on October 20th or November 10th, 2007, by calling (203) 235-5865 or www.chip-inc.com. Application packets may also be obtained from the Human Resources Department, Police Department or www.townofstratford.com

Last Name	First	Middle	
Street Address		Apt. #	
City/Town		State	Zip Code
Home Phone	Work Phone	Cell Phone	
Social Security Number			
Are you a US citizen or alien authorized to work in the U.S.? Yes _____ No _____			
Are you 21 years or older? Yes _____ No _____			
U.S. Military	Rank	From	To

Current Drivers License #	Exp. Date
Have you ever been convicted of any offense other than a minor traffic violation or juvenile offense? Yes _____ No _____	
If yes, give details and dates of each conviction below:	

Special Skills (for example – CPR, Firearms training, etc.)

Education/Training

Did you graduate from high school or trade school or receive a GED diploma? Yes _____ No _____

List last high school or trade school you attended:

Name of School: _____

Location: _____

Course or Major: _____

Degree/Diploma: _____

List any colleges, graduate schools, business schools or technical schools attended:

Name of School: _____

Location: _____

Course or Major: _____

Degree/Diploma: _____

EMPLOYERS (List below last three employers, starting with last one first)

Company Name:

Address:

Job Title:

Employed from: _____ to _____

Reason for leaving:

Company Name:

Address:

Job Title:

Employed from: _____ to _____

Reason for leaving:

Company Name:

Address:

Job Title:

Employed from: _____ to _____

Reason for leaving:

Certification: I certify that all statements made on or in connection with this application are true, complete and correct to the best of my knowledge and belief, and are made in good faith. I authorize the Town of Stratford to obtain necessary information and records concerning this application. I understand that incomplete, false or inaccurate information may result in the rejection of this application or my dismissal if employed.

Signature of Applicant _____ Date _____

COMPLIANCE INFORMATION

The following is needed for compliance with government selection requirements and for Equal Employment Opportunity reports. It will be detached when your application is filed and the information on it will not be considered in the employment process.

Name_____

Job Applied For_____

Sex (please check) Male_____ Female_____

Describe yourself in terms of one of the following groups. (Check one)

American Indian_____

Black_____

White_____

Hispanic_____

Asian American_____

Other_____
Specify

Age

Under 18 years_____

18-25 years_____

26-40 years_____

41-65 years_____

66 years and over _____

“THE TOWN OF STRATFORD IS AN ACTIVE EQUAL OPPORTUNITY EMPLOYER”



About the C.H.I.P. Program

C.H.I.P. administers the Police Physical Ability Assessment for over 60 Connecticut Police Agencies. Upon successful completion of the assessment candidates receive a C.H.I.P. card. Cards are valid for a 6-month period and accepted by participating departments. Each department establishes their own entry-level requirement either the 40th or 50th percentile. Both standards are included in this packet. The 50% standard is the more rigorous standard.

Signing up for the C.H.I.P. Assessment

STEP 1- PRINT AND COMPLETE THESE FORMS. The Medical Approval Form must be signed, stamped, and dated by your Doctor. Next complete the registration form. Make sure that you neatly print all information.

STEP 2- MAIL YOUR FORMS. Mail the Medical Approval Form and Registration Form with a **\$65.00** Money Order or Certified Bank Check which is non-refundable to: **C.H.I.P. PO Box 774, Meriden, CT. 06450.**

STEP 3- CALL C.H.I.P. Three days after mailing your forms call C.H.I.P. to receive your assessment time and details. The phone number is **203-235-5865.**

CHIP Schedule

Each department that participates in the CHIP program determines a cutoff date for their hiring process. This is the date when an applicant must have a current CHIP card. It is the applicant's responsibility to sign up for a CHIP test that will allow you to meet that date. *Assessment dates and locations are available on www.chip-inc.com under the "The Test" of the site.* CHIP tests are offered on a monthly basis and registration forms must be postmarked one week prior to the assessment date in order to meet the registration deadline.

* In case of inclement weather cancellation go to www.chip-inc.com and view the scrolling message on the home page for information.

P.O. Box 774
Meriden, CT 06450
(203) 235-5865

Physical Ability Assessment
Medical Approval Form

To be filled in by physician:

This is to certify that I have *reviewed* the attached four elements of the *Connecticut Police Officer Standards and Training Council's* Physical Ability Assessment. After reviewing said document, it is my professional opinion that the candidate named below:

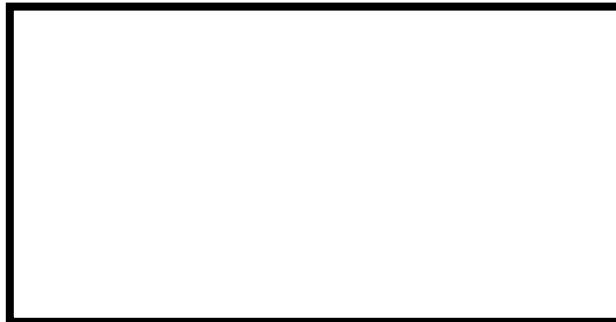
Candidate's Name: _____

Department(s) Applying to : _____

CAN SAFELY PERFORM THE PHYSICAL ABILITY ASSESSMENT.

Physician's Signature: _____ Date _____
(M.D. or D.O.)

Physician's Name and
Address (Type or Imprint
With Office Stamp) }



Medical Approval Forms backdated more then six months cannot be accepted

Connecticut Police Officer Standards and Training Councils Physical Ability Assessment Description

The physical ability assessment includes the four stations described below. These standards are required by the Connecticut Police Officers Standards and Training Council

Sit-ups	Muscular Endurance	The score is the number of full bent leg sit-ups performed in one minute. Your feet are held and your fingers tips are tucked behind your ears
Sit & Reach	Flexibility	The sit and reach test measures the flexibility of the lower back and Hamstrings. The test involves sitting on the floor with the legs straight out in front of the body. From this position the candidate reaches forward towards the toes. The toes are located at the 15-inch mark on the sit and reach box. 17.5 inches is two and half inches past the toes.
Bench Press	Absolute Strength	One repetition maximum bench press is performed on a Universal machine. You are required to take 3 warm up repetitions. The amount of weight you are required to bench is based on your age and body weight. You can calculate this weight by using the numbers below multiplied with your body weight
1.5 Mile Run	Cardiovascular Capacity	1.5 mile run. You are required to run, walk or jog One and a half miles within your allotted time limit. The score is in minutes and seconds.

Standards

AGE/GENDER	SIT-UP		FLEX		BENCH PRESS		1-1/2 MILE RUN	
Male	40%	50%	40%	50%	40%	50%	40%	50%
20-29	38	40	16.5	17.5	99%	106%	12:25	11:49
30-39	35	36	15.5	16.5	88%	93%	12:51	12:20
40-49	29	31	14.3	15.25	80%	84%	13:46	13:04
50-59	24	26	13.3	14.5	71%	75%	14:54	13:46
60-69	19	20	12.5	13.5	66%	68%	16:16	15:41
Female	40%	50%	40%	50%	40%	50%	40%	50%
20-29	32	35	19.3	20.0	59%	65%	14:49	14:08
30-39	25	27	18.3	19.0	53%	57%	15:25	14:54
40-49	20	22	17.3	18.0	50%	52%	16:12	15:36
50-59	14	17	16.8	17.75	44%	46%	17:14	16:43

LCA'S POLICE OFFICER EXAMINATION ORIENTATION MATERIAL

This material was prepared for the police officer candidate group so that they will be aware of the tests that will be administered and be able to prepare for them as much as possible. It should be noted that there is no practical way that a candidate who is not qualified can prepare for a test in a very short period of time. Candidates who are qualified, however, may sufficiently prepare themselves so that their scores are the best possible scores, and increase their chances for being hired.

The total test consists of three subtests, each with a separate passing point. Candidates must pass each subtest in order to pass the total test. There is no review or appeal process for the written test.

The tests are contained in one test booklet with a total time limit of one hour and twenty minutes. With instructions, the total test battery will take approximately two hours. The tests are described below. Examples of the types of test questions are also provided, with answers at the end.

1. **Writing Skills Test** - This test requires candidates to recognize correct and incorrect examples of spelling, grammar (including punctuation), and word usage.
2. **Vocabulary and Police Judgment Test** – The vocabulary component requires candidates to choose the word or phrase, which is closest in meaning to the subject word or phrase. The Police Judgment component consists of descriptions of typical police situations or issues. Candidates are required to apply judgment to pick the right answer. The questions do not require that you have more police knowledge than the average informed citizen would have.
3. **Police Officer Aptitude Test** - This test consists of statements relating to the police service, the candidate, or people in general. Candidates must read each statement and decide whether they agree with it or disagree with it.

WRITING SKILLS TEST--SAMPLE QUESTIONS

Read each of the following items and indicate whether there is an error in one of the underlined sections, or if there is no error. There may be an error in section A, B, C, or D. If so, mark that choice on the answer sheet for that item. If there is no error in the item, mark the E for that item. Errors will be in the areas of spelling, grammar, punctuation, and word usage.

1. The doctor will see patience this afternoon. No Error
A B C D E
2. Some of the childrens toys were on the floor. No Error
A B C D E

VOCABULARY AND POLICE JUDGMENT TEST – SAMPLE QUESTIONS

VOCABULARY COMPONENT

Choose the word or phrase that is closest in meaning to the underlined word or phrase.

3. The fundamental reason for the police to be armed is for self-defense.
(A) Essential.
(B) Only.
(C) Official.
(D) Traditional.
(E) Logical.
4. The officer accused the suspect of a misdemeanor.
(A) A crime punishable by a fine only.
(B) An offense less than a felony.
(C) A common law offense.
(D) A local ordinance infraction.
(E) A very minor offense.

POLICE JUDGMENT COMPONENT

Choose the statement that reflects the right answer to the question.

5. Police officers spend some of their time patrolling their districts to observe conditions and to prevent crime. Which best describes how police officers determine what areas to patrol?
(A) So that they cover each street in the district equally.
(B) So that they spend most of their time in the secluded areas of the district.
(C) So that their supervisors can easily find them in their district.
(D) So that it appears that they are patrolling all district areas randomly.

6. Which is a workable and practical goal of the police service?
(A) To restrict young peoples' access to drugs.
(B) To improve poor conditions in poverty stricken neighborhoods.
(C) To eliminate the desire of people to commit crimes.
(D) To promote the rehabilitation of criminals and juvenile delinquents.

POLICE APTITUDE TEST--SAMPLE QUESTIONS

Mark the (A) if you Agree with the statement, and mark the (B) if you Disagree.

7. Law enforcement in this country could be improved.
(A) Agree (B) Disagree

8. If someone else is willing to take the blame for my mistake, I will go along with it.
(A) Agree (B) Disagree

HOW TO TAKE A WRITTEN TEST

These Tips Will Help You Do Your Best

- Get a good night's rest, and don't eat a heavy meal before the test.
- If you wear glasses, bring them with you.
- Note the time and place of the test, and allow plenty of time to get there early.
- Listen closely to the person who gives the test. Read and follow all written instructions carefully.
- If you decide to change an answer after you have marked it, be sure you erase your first answer completely.
- Work on the questions in their numbered order, but don't spend too much time on one you find very difficult. Go on to the next one and go back to it later.
- If you get to the end of the test before time is up, go back and work on any of the questions you skipped.
- Check your answer sheet every few questions to be sure you are using the right line and space on the answer sheet for each answer.
- Don't get discouraged if you find the test difficult. Others may find it just as difficult.

CORRECT ANSWERS

1. C Word usage error. Patience should be patients.
2. B Grammatical error. Childrens should be children's.
3. A
4. B
5. D
6. A
7. A
8. B

GOOD LUCK ON THE TEST!