



Stratford-Trumbull-Monroe

Medical Reserve Corps

Education & Training

Requirements

1. ICS Course ICS 100 or ICS 100a
2. NIMS Course IS 700 or IS 700a
3. Worker's Safety
4. POD Orientation

How do I take these courses?

In classroom setting or online
In classroom setting or online
Classroom setting
Classroom setting or online

Training Plan for Stratford-Trumbull-Monroe MRC 2010

April	Worker's Safety
May	ICS 100a
June	Regional Meeting – Courses to be announced
August	IS 700a
October	POD Orientation

Other courses we are considering offering locally or regionally include:

Red Cross Sheltering
N95 Fit Testing
Psychological First Aid
CPR and AED training

We will continue to forward you details on courses offered through Connecticut's Department of Public Health. **Note that in April 2010, CT DPH will offer a Pediatric Vaccination course.**

What is Train?

TRAIN (TrainingFinder Real-time Affiliate Integrated Network)

- TRAIN, is the nation's premier learning resource for professionals who protect the public's health. TRAIN is comprised of the national www.train.org site and participating TRAIN affiliate sites. Affiliate sites are managed by many state public health agencies, academic partners, and others. TRAIN users can access information about local, state or national training available to them through any participating TRAIN site.

Learners can use TRAIN to:

- Search or browse the nation-wide database for on-site or distance learning courses
 - Sign up for emails about new courses
 - Create a personal learning record of competency-based training
 - Provide and view feedback about courses listed on the site
 - Register online for many courses
- TRAIN is a project of the Public Health Foundation with a grant from The Robert Wood Johnson Foundation and funding from participating states and the Centers for Disease Control and Prevention. In Connecticut, we have CT TRAIN <https://ct.train.org>. You can also reach the MRC TRAIN through the same portal!!

What is the difference between ct.train.org and mrc.train.org?

[Ct.train.org](http://ct.train.org) allows you to see what classes are offered specifically in Connecticut.

What is ICS 100 or 100a?

- The Incident Command System (ICS) is a management system used to achieve command and control within an organization and inter-agency coordination during any type of emergency.
- Classroom training is occasionally available.
- Access on-line course through CT TRAIN at <https://ct.train.org>

What is IS 700 or 700a?

NIMS (National Incident Management System) IS-700a

- NIMS provides a consistent nationwide template to enable all government, private-sector, and nongovernmental organizations to work together during domestic incidents. This course introduces NIMS and takes approximately three hours to complete. It explains the purpose, principles, key components and benefits of NIMS.
- Access at <http://www.training.fema.gov/EMIWeb/IS/crslist.asp>

Other interesting courses or reading material

Working in a POD (Point Of Dispensing)

- This online interactive course provides an understanding of what a Point of Dispensing is, how it operates, and what functional roles may be assigned to volunteers serving in a POD. This is free and open to the public.
- Register at <http://nycepce.org/CourseList.htm>

Mass Dispensing: A Primer for Volunteers

- This online program, provided by University of Minnesota Center for Public Health Preparedness, consists of an introduction and three training modules which provide an overview of the general operations and important roles of volunteers at a mass dispensing site. The program includes a multiple choice pre- and post-test. When you have passed the post-test, you will be able to print out a certificate. An additional tool included in this program is a volunteer self-assessment to help you determine what positions you may be best suited to fill at a Mass Dispensing Site. Your Volunteer Coordinator may request that you provide her/him with your completed volunteer self-assessment form and your certificate to be maintained as part of your training record.
- Access at <http://www.sph.umn.edu//cpheo/umncphp/massdisp/home.html> or at <http://cpheo1.sph.umn.edu/massdisp/>

Strategic National Stockpile (SNS)

- CDC's Strategic National Stockpile (SNS) has large quantities of medicine and medical supplies to protect the American public if there is a public health emergency (terrorist attack, flu outbreak, earthquake) severe enough to cause local supplies to run out.
- Access at <http://www.bt.cdc.gov/stockpile/#train>

Psychological First Aid

- Psychological First Aid is an evidence-informed approach for assisting children, adolescents, adults, and families in the aftermath of disaster and terrorism.
- This training is for MRC volunteers who have an undergraduate or advanced college degree in the mental health field.
- More information at <http://mentalhealth.samhsa.gov/disasterrelief/pubs/manemotion.asp>